



Community Resource Guide

Autism

Prairie Clinic (Autism) Dr. Wahlberg

1541E. Fabyan Pkwy, Ste. 101 Geneva, IL 60134

(630)-845-9644

www.theprairieclinic.com

Social groups designed to help with awareness of social cues, handling emotions and social situations, becoming empowered, and beginning to interact effectively with peers, teachers, etc.

Insurance: BCBS PPO

Clothing

Clothing Closet for McHenry County

221 E. Calhoun St. Woodstock IL

815-348-5316

M-F 10:00am-4:45pm Sat. 10:00am-1:30pm

Blessing Barn

8310 Railroad St. Crystal Lake, IL 60012

815-382-0206

www.blessingbarn.org

Provides basic life need items (clothing, household, kitchen misc. other items) to those who consider themselves in need. Who we serve: Anyone in McHenry County who considers themselves in need.

Willow Creek Care Center: Children Clothing Store

67 E. Algonquin Rd. South Barrington, IL 60010

(224)512-2600

www.willowcreekcarecenter.org

Crisis

1st Way Pregnancy Support Services

2020 W. Johnsburg Rd., Johnsburg, IL 60051

815-385•2999

www.mchenry1stway.org

Provides assistance, emotional and financial support for women and girls who find themselves in a crisis pregnancy. Who we serve: Women and teenage girls In McHenry County. Eligibility requirements: Pregnant and/or recently gave birth.



Community Resource Guide

CARES Hotline

(800) 345-9049

On-site crisis intervention and referral

McHenry County Crisis Program

(800)892-8900

Provides assessments the same as SASS but for privately insured students and students that are not eligible for SASS services. Also has part of their website that one can enter an area that you need resources for and it will give you a variety of resources in the area.

Salvation Army

316 Douglas Avenue ELGIN

847-741-2304

Support for Adults, Adult Rehabilitation, Elderly Services, Missing Persons, Children & Families, Hunger Relief, Housing & Homeless Services, Christmas Assistance, Youth Camps & Recreation, Latch Key Programs, Casework Services, Emergency Financial Assistance, Food & Nutrition.

SASS Hotline

(800)-345-9049

On-site crisis intervention and referral

National Center for Missing and Exploited Children

(800)843-5678

www.ncmec.org

Assists with both domestic and international cases of missing children.

National Runaway Safe Line

(800)786-2929

(800)621-4000

www.1800runaway.org

Assists with non-wards of state (non DCFS children) who have run away from home and wish to return, and parents are willing to take child back. They have a contract with both Greyhound and Amtrak to assist with the transport back.

Dental

Aunt Martha's

3003 Wakefield Dr. Carpentersville, IL 60110

(847)851-8600

Aunt Martha's Youth Service Center provides comprehensive health and social services for family members of all ages across Illinois. Many services are offered for free or at a reduced cost using a sliding fee scale and are not denied due to inability to pay. Bilingual Services Available.



Community Resource Guide

McHenry County Cooperative Dental Clinic

327 Main Street Woodstock, IL 60098

(815)337-5616

Oral examinations, teeth cleaning, necessary diagnostic x-rays, basic fillings, simple non-surgical extractions, brushing and flossing instructions, information and education, Sealants, Topical fluoride, Referral to other dental resources. Eligibility requirements: The goal of the McHenry County Cooperative Dental Clinic is to provide access to dental care for low income McHenry County residents.

Domestic Violence

A Safe Place

2710 17th Street Zion, IL 60099

Business- 847-731-7165 Crisis Line- 847-249-4450

www.asafeplaceforhelp.org

Provides emergency shelter, transitional housing, counseling, order of protection services, supervised visitations and exchanges, and intervention services. Who we serve: People who have experienced domestic violence.

Community Crisis Center Elgin, IL

(847)-742-4088 (847)-697-2380 (24-hour hotline)

www.crisiscenter.org

Services for victims of domestic violence, individuals who are abusive, victims of sexual assault, help for those who need food and shelter, individual and family counseling, and community education. Insurance: Fees for victims' services are free.

Home of the Sparrow

Woodstock IL 815-444-1660

Provides emergency shelter and services.

Turning Point, Inc. of McHenry County

11019 Rt. 14 POBox721 Woodstock, IL

60098 (815) 338-8081

(800) 892-8900 (after-hours crisis line)

www.mchenrycountytumingpoint.org

Serves victims of domestic violence in support groups (Spanish speaking groups as well), child care offered during groups for no charge, individual counseling for no charge (also in Spanish), children who have witnessed or experienced domestic violence, and perpetrators of violence. Services are free, except for the perpetrators of violence, who do require an intake beforehand.

Illinois Domestic Violence Helpline

(877)863-6338



Community Resource Guide

RAINN Rape Abuse and Incest Network

(800)656-4673 National Helpline

Catholic Charities

651 W. Lake St. Chicago, IL 60661

(312)655-7191

Services Include: Individual, group, and family counseling for children and teens victims of physical and sexual abuse

Contracted with DCFS. Spanish speaking services provided.

National Domestic Violence Hotline

800.799.SAFE (7233)

www.ndvh.org

Disabilities Support and Programs

GiGi's Playhouse

A Down Syndrome Achievement Center. Serving children and adults of all ages.

5404 West Elm Street Suite A, McHenry, IL 60050

(815)385- PLAY(7529)

and 2350 West Higgins Rd., Hoffman Estates, IL, 60169

(847)885-PLAY(7529)

Options & Advocacy for McHenry County

365 Millennium Drive, Suite A Crystal Lake, IL 60012

www.optionsandadvocacy.org

Provides service coordination and other supports for people in McHenry County with delays and/or disabilities. We serve: Infants and children under age 3 who have developmental delays, children and adults with developmental disabilities, children and young adults with autism, and persons of all ages who have epilepsy, Eligibility requirements: McHenry county residency and each program has separate eligibly requirements.

Prairie Clinic (Autism) Dr. Wahlberg

1541E. Fabyan Pkwy, Ste. 101 Geneva, IL 60134

(630)-845-9644

www.theprairieclinic.com.

Social groups designed to help with awareness of social cues, handling emotions and social situations, becoming empowered, and beginning to interact effectively with peers, teachers, etc.

Insurance: BCBS PPO



Community Resource Guide

Pioneer Center For Human Services

4001Dayton Street, McHenry, IL 60050

(815)344-1230

www.pioneercenter.org

Provides day, residential, and case management support services for individuals with developmental disabilities (including vocational preparation and training) day, residential services, and case management day program and case management support for those with traumatic brain injury; children and adolescents at risk and in need of counseling (including psychiatric services); pregnant and parenting teen education and support, delinquency intervention and after school program, and runaway and homeless youth services.

Who we serve: Developmental disabled, mentally ill, substance addicted, homeless, at-risk youth and their families, victims of sexual assault and others.

Self-Advocacy of Northern Illinois

1312 S. Fleming Rd. Woodstock, IL 60098

(815)382-1530

People with disabilities are capable of-and should be-directing their own lives. With the necessary supports, everyone can be a Self-Advocate. Who we serve: Transition age (14-22) and adults with any type of disability. Eligibility requirements: None

Disabilities Support Program

Little City Foundation

1760 W. Algonquin Road

Palatine, IL 60067-4799

(847)358-5510

info@littlecity.org

Little City Foundation (LCF) offers a therapeutic residential community, day school, home-based supports, and services for children and adults with developmental disabilities. Their mission is to ensure that people with intellectual and developmental disabilities are provided with the best options and opportunities to live safely, work productively, explore creatively and learn continuously throughout their lifetime.

Access Living

115 W. Chicago

Chicago, IL 60610

(312)640-2100 Civil Rights TTY: (312)640-2169 Housing Team TTY: (312)640-2168

Hours: Mon-Fri, 8.30am-5.00pm Information & Referral TTY: 312.640.2102

SERVICES INCLUDE: Peer counseling and independent living skills training for disabled persons.

Recruiting and training personal care attendants. Public education and systematic advocacy on the rights of the disabled. Civil rights team. Assist in housing. Services provided in both sign language and Spanish. Youth and Education Group



Community Resource Guide

Early Childhood

Early Head Start

150 S. Kennedy Dr., Suite #20A Carpentersville, IL 60110
(847)836-6204

Weekly home visits, developmental screening, bi-monthly play groups, parent support and education sessions, support for expectant mothers, evening services, and weekend activities. The program is available to families who reside in Aurora, Carpentersville, and Elgin. Insurance: parents pay a co-payment based upon income and family size.

Two Rivers Head Start Agency

418 Airport Rd. Elgin, IL 60123
(847)-717-6048
www.trhsa.org.

They help alleviate the effects of poverty by providing education, support services, and opportunities for children and families. Services include emergency assistance, food pantry, outreach/intake referral, job training, scholarship program, back to school program, child care subsidy, and CSBG loan program. Counties served are Kane, Kendall, DeKalb, Boone, and Grundy.

Dr. Nancy Keck, M.D., Developmental Pediatrician

1555 Barrington Road, Ste. 415, Hoffman Estates, IL 60169
(847) 490-4222
Alexian Pediatric Specialty Group.

Eye Glasses

Eye Q Optique

722 S. Buffalo Grove, IL 60089
Private providers that accepts Medicaid and All Kids. Glasses also covered.

Lions Club www.lionsclubofalgonquin.org

Lossman Eye Care Associates

96 Kennedy Drive (Rt. 25), Carpentersville, IL 60110
(847) 428-4884
Eye exams covered by Medicaid and All Kids. Glasses not covered.

ZenniOptical

Low cost eyeglasses online
www.zenniOptical.com



Community Resource Guide

Willow Creek Care Center

67 E. Algonquin Rd. South Barrington, IL 60010
(224)512-2600

Financial Assistance

CONSUMER CREDIT COUNSELING SERVICE OF MCHENRY COUNTY. INC.

400 Russell Court, Woodstock, IL 60098
(815)338-5757
www.illinoiscccs.org

Credit and Debt Counseling and Education, Mortgage Default and Foreclosure Prevention Counseling and Education, Bankruptcy pre-filing Counseling and Pre-discharge education, Debt Management Program to repay unsecured debt, pre-purchase housing education and credit report analysis.

Salvation Army

150 South Kennedy Dr. Suite 8B Carpentersville, IL
(847) 428-5138
and 316 Douglas Avenue Elgin (847)741-2304

Support for Adults, Adult Rehabilitation, Elderly Services, Missing Persons, Children & Families, Hunger Relief, Housing & Homeless Services, Christmas Assistance, Youth Camps & Recreation, Latch Key Programs, Casework Services, Emergency Financial Assistance, Food & Nutrition.

Community Crisis Center Elgin, IL Economic Crisis Program

(847)-742-4088 (847)-697-2380 (24-hour hotline)
www.crisiscenter.org

Services for victims of domestic violence, individuals who are abusive, victims of sexual assault, help for those who need food and shelter, individual and family counseling, and community education. Insurance: Fees for victims' services are free. Bilingual Service Available.

McHenry Co. Department of Public Aid

2215 Lake Shore Drive, Woodstock, IL 60098
(815)338-0234

Community health & prevention programs, programs for person with developmental disabilities, mental illness, or substance abuse programs, employment training, independent living programs, financial support, employment & training programs, child care, other family services for low income families, information, outreach and referrals.

Elgin Department of Public Aide

700 South State St. Elgin, IL 60123
(847) 931-2700
www.dpaininois.com.



Community Resource Guide

Food & Nutrition

Algonquin Lake in the Hills Interfaith Food Pantry

1113 Pyott Rd. Lake in the Hills, IL 6056

(847)854-1904

Hours of Operation Tuesdays and Thursdays from 9:30am-11:30am and the 1st and 3rd Saturday of the month from 9:30am- 11:30am. Please plan to arrive at the Pantry by 11am to allow enough time to shop.

Willow Creek Community Church

67 E. Algonquin Road South Barrington, IL 60010

(224) 512-2600

www.willowcreekcarecenter.org

Hours of Operation Monday - Thursday 10 a.m.-12:30 p.m.; 6:30-7:30 p.m. Friday Closed Saturday 9-11:30 a.m. Sunday 1:30-3 p.m. *Must bring a picture ID*

WIC Women Infants Children Program

(800)323-4769

Trinity Baptist Community Church

5918 S Illinois Route 31, Crystal Lake, IL 60014

(815) 444-0355

Compassion Center

The Compassion Center is a resource for food and clothing for children. The center is open from 1 p.m. to 3 p.m. on Sunday after attending the 11 a.m. service. The items are available for free. Donations are also welcome.

Immigration Services

Illinois Welcoming Center in Hanover Park

Christ Presbyterian Church 6900 Barrington Road in Hanover Park, Illinois.

(847)313-1912

The mission of the Illinois Welcoming Center is to provide immigrant and refugee individuals and families with an array of service information, programs, and classes to assist in their path towards successful integration to Illinois. It is open Monday through Thursday at 8:30 am to 5:00 pm, and Saturdays at 12:00 pm to 4:00 pm. Visitors may all schedule an appointment with a counselor by calling the Center. All services are free of charge.



Community Resource Guide

Health Care

All Kids

Illinois State Health Insurance Program
(866) 255-5437
www.allkids.com

Aunt Martha's

3003 Wakefield Dr. Carpentersville, IL 60110
(847)851-8600

Aunt Martha's Youth Service Center provides comprehensive health and social services for family members of all ages across Illinois. Many services are offered for free or at a reduced cost using a sliding fee scale and are not denied due to inability to pay. Bilingual Services Available.

Family Health Partnership Clinic

401 E. Congress Parkway, Crystal Lake, IL 60014 (815)334-8987

Provides primary health care to people without health insurance. These services are provided through a small staff and 29 volunteer physicians. Who we serve: Uninsured Eligibility requirements: Must not have insurance of any kind, including Public Aid.

Greater Elgin Family Care Center-Summit Health Center

370 Summit Street Elgin, IL 60120
(847) 608-1344
www.gefcc.org

Referrals to specialists and hospitals for x-rays, laboratory and advanced diagnostics are available. Babies are delivered at Sherman Hospital and St. Alexius Medical Center. Assistance with pharmaceuticals and prescriptions are offered; Medication is supplied as available. Other services offered include prenatal care, pediatric care, sick care, OB/GYN care, free pregnancy tests, dental care, mammograms, psychiatric care, school physicals, work physicals, sports physicals, flu shots, WIC, family case management, medical case management, and immunizations.

Insurance: Sliding Fee Scale for uninsured patients; proof of income required. Medicaid, Illinois Health Connect, Medicare, All Kids and private insurances (PPO) accepted. Illinois Health Connect accepted. Bilingual Services Available.

Illinois Department of Health and Human Services Helpline

(800)843-6154)

Kane County Health Department

1240 N Highland Ave# 7 Aurora, IL 60506
(630) 897-1124
Bilingual Services Available.



Community Resource Guide

McHenry Community Health Center

3901 Mercy Drive McHenry, IL 60050

(815) 363-9000

General Psychiatry, Case/Care Management, Pediatrics, Obstetrics/Gynecology, Immunizations, Prenatal Care, Prescription Drug Patient Assistance Programs, Health Care Referrals, General Physical Examinations, General Medical Care.

McHenry Co. Department of Public Aid

2215 Lake Shore Drive, Woodstock, IL 60098

(815)338-0234

Community health & prevention programs, programs for person with developmental disabilities, mental illness, or substance abuse programs, employment training, independent living programs, financial support, employment & training programs, child care, other family services for low income families, information, outreach and referrals.

VNA Health Center

620 Wing St. Elgin, IL 60123

(847)-717-6455

Annual preventive services, sick care treatment, care for chronic diseases, gynecological care, pregnancy care, mental health counseling, laboratory services, and pharmacy.

Insurance: Affordable health care for those with little or no insurance, Medicaid, Medicare, and most other insurance accepted. Discounts apply based on income level. Bilingual Services Available.

Well Child Center

620 Wing Street Elgin, IL 60123

(847)741-7370 Provides dental services to youth between the ages of 1 to 18 years who are underinsured or uninsured.

WIC Women Infants Children Program

Illinois

(800)323-4769

El Rincon Community Clinic

(773)276-0200

3809 W. Grand Ave.

Chicago, IL 60651

Services Include Outpatient methadone treatment, Individual and group counseling, HIV, STD, and TB testing. Services in Spanish.

Illinois Dept. of Public Health

HIV/STD Hotline (800)243-2437

Hours: Mon – Fri, 9am-9pm; Sat and Sun, 10am-6pm



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SERVICES INCLUDE: HIV/AIDS and STD Hotline. Testing referrals. Information available, but not counseling. Spanish speaking counselors available.

Health Resource Center for Women with Disabilities

345 E. Superior St., Room 108

Chicago, IL 60611

(312)238-1000 24 hour DV Hotline: (312)238-7238 DV TTY: (312)238-7236

Hours: Mon-Fri 8am-4pm

SERVICES INCLUDE: Information and referrals for women with disabilities jointly with Northwestern University. An accessible OB-GYN clinic. Mentoring program for girls. Domestic Violence Advocacy and support for women and men. Weekly support groups. Educational seminars. Free newsletter. All services are free, except OB-GYN clinic accepts insurance.

Hospice

Fox Valley Volunteer Hospice

200 Whitfield Drive

Geneva, IL 60134

(630)232-2233

www.fvvh.org

Services to those with life-threatening illnesses and the bereaved. Free services include hospice care, adult and children's support groups, medical equipment loans, and community education. Serves Kane, Kendall, and parts of DuPage, Cook, and McHenry counties.

Independent Living

McHenry County Center for Independent Living

5400 W. Elm Street Suite 106 McHenry, IL 60050

(847)949-4440 Voice/ TTY (847)388-0776 (VP)

info@lccil.org www.lccil.org

Provides services and advocacy to people with disabilities and communities in McHenry and Lake Counties. This includes advocacy, Independent living skills training, information and referral and peer counseling.

Legal Assistance

Administer Justice

1750 Grandstand Place Suite #15 Elgin, Illinois 60123

(847)344-1100

Legal advice and referrals



Community Resource Guide

Chicago Legal Clinic, Inc.

2938 E. 91st Street, Chicago, IL
(773) 731-1762

Fees are determined on a sliding scale according to income. Appointment required.

Legal Assistance Foundation of Chicago

900 East 162nd St., Ste. 101, S. Holland, IL
(708) 271-4950 and (312) 341-1070 and (312) 347-8357

Project SAFE (Divorce and Orders of Protection) Serves low-income residents of Chicago in family law matters. Domestic violence cases are a priority. Appointments are required.

CARPLS

(312) 738-9200

Legal advice and referral hotline. Provides legal advice over the phone and referrals to appropriate legal service.

Child Support Enforcement Division of the Cook County State's Attorney

50 W. Washington, Chicago
(312) 325-9500

Hope Now

(888)995-4673

National Helpline-500 counselors that assist with mortgage fraud, preventing foreclosures, and legal advice.

Prairie State Legal Services

(Illinois Only) (630) 232-9415

www.pslegal.org

Offers free legal services to low income and those 60 and over.

Willow Creek Community Church

67 E. Algonquin Road South Barrington, IL 60010

(224) 512-2600

Once a month

Sexual Assault Justice Project (CAASE)

773.244.2230.x4

3304 N. Lincoln Ste. 202

Chicago, IL 60657

SERVICES INCLUDE: Please provide caller with referral to legal advocacy as well as to SAJP, Provide free attorney consultations for survivors (13 years of age or older), of sexual assault and exploitation. Can accompany survivors to police and prosecutor interviews.

Assist with housing, employment, and education issues. Assist survivors with civil matters



Community Resource Guide

including help with obtaining Civil No Contact Orders. DO NOT handle divorce or custody cases. Handle cases by appointment only. Will do an intake for all clients and will provide referrals for cases they cannot handle. Services are free.

Mental Health Internet Resources

www.therapistfinder.com

SERVICES INCLUDE: Listings on their website of non-profit organizations that provide respite, legal assistance, or therapeutic assistance. All services are free.

Level of Care

Alexian Brothers Behavioral Health Hospital

1650 Moonlake Blvd. Hoffman Estates, IL
(847) 882-1600

Streamwood Behavioral Health

1400 East Irving Park Rd. Streamwood, IL
(630) 837-9000

Provena St. Joseph Hospital

77 North Airlite St. Elgin, IL 60123
847-695-3200

McKinney-Vento

Community Crisis Center Elgin, IL

(847)-742-4088
(847)-697-2380 (24-hour hotline)
www.crisiscenter.org

SERVICES INCLUDE: Individual and group counseling for women and children who are victims of domestic violence and sexual assault. Court advocacy for survivors of domestic violence and sexual assault. Shelter services for women and children (boys up to 12 years) for 4-6 weeks. Groups for batterers on a sliding scale. Spanish speaking counselors available. All services for women and children are free. Serving the far northwest suburbs of Carpentersville, Hanover Park, Hoffman Estates, Schaumburg etc...)

Corporation for Affordable Homes of McHenry Co

209 Dean Street, Woodstock, IL 60098
(815)687-6723
www.cahmco.org

Expanding affordable housing opportunities in McHenry County. Programs it has available: down payment assistance, affordable housing for rent. Who we serve: Very-low and low income residents of McHenry County. Eligibility requirements: Income guidelines restrict access to services available through CAHMCO.



Community Resource Guide

Elgin Housing Authority

(847)-742-3853

The Housing Authority of Elgin administers two programs – the Family Self Sufficiency for Public Housing and Family Self Sufficiency for the Housing Choice Voucher program. These programs are designed to assist low-income residents to achieve self-sufficiency and quality of life goals.

Home Of The Sparrow McHenry County Crystal Lake Shelter

6213 Factory Rd Crystal Lake, IL 60014

(815)271-5444

Transitional Housing, Non-Profit Organization Home of the Sparrow provides transitional and affordable housing and supportive services to homeless women and children. Supportive services include: Financial management, budgeting, life skills instruction, career planning, readiness training, parenting skills education, and trauma recovery. Provides housing and supportive services to homeless women who are single, pregnant, or accompanied by their children. Eligibility requirements: Must be 18 years or older, effectively managing mental health symptoms, no history of violence or pending criminal charges. Provides services to McHenry County and northern Illinois residents.

MCHENRY COUNTY HOUSING AUTHORITY

PO Box 1109 1108 N. Seminary Ave. Woodstock, IL 60098

(815)338-7752

www.mchenrycountyhousing.org

Emergency shelter, past due rent assistance and security deposit, first month rent for qualified applicants- Rental assistance and public housing for income eligible clients- Information and referral - Energy conservation information and home weatherization- LIHEAP: Low Income Home Energy Assistance Program- Assists eligible low income households pay for winter energy services by providing a one-time benefit. Senior and Very Low Income Dental Program on a limited basis. Owner-occupied rehab program.

McHenry County PADS

14411Kishwaukee Valley Road Woodstock, IL 60098 815.338.8231Fax 815.338.7983

McHenry County PADS offers emergency and transitional housing coupled with support services in order to help homeless individuals work toward becoming self-sufficient. These support services enables individual to receive case management, job training, counseling and psychiatric services, as well as day to-day services including access to showers, laundry facilities, transportation, computers and an address at which to receive mail. The program is specifically designed to address the root causes of homelessness and not just treat the symptoms.

Opening Doors

2626 S. Clearbrook Dr. Arlington Hts., IL 60005

(224)-366-8623

Educational rights of Illinois' children and youth in homeless situations.



Community Resource Guide

PADS of Elgin, Inc. (Public Action to Deliver Shelter)

1730 Berkley Street Elgin, IL 60123

(847) 608-9744

www.padsofelgin.org.

Provides a year round overnight shelter for homeless persons and families. Shelter is provided between 7:00 pm and 7:00am. Services on site include a small meal after arrival in the evening and a cold breakfast prior to morning departure. A locked storage area for medications is available as are showers and washer/dryers for guest use. Caseworkers are available 9:00am-4:30pm Monday-Friday and 7:00pm-9:30pm every evening.

Pioneer Center For Human Services

4001Dayton Street, McHenry, IL 60050

(815)344-1230

www.pioneercenter.org

Provides day, residential, and case management support services for individuals with developmental disabilities (including vocational preparation and training) day, residential services, and case management day program and case management support for those with traumatic brain injury; children and adolescents at risk and in need of counseling (including psychiatric services); pregnant and parenting teen education and support, delinquency intervention and after school program, and runaway and homeless youth services. Who we serve: Developmentally disabled, mentally ill, substance addicted, homeless, at-risk youth and their families, victims of sexual assault and others.

United Way

(800)725-5314

Hours: Mon-Fri, 8:30am-5:00pm

SERVICES INCLUDE: Shelter, emergency food, and counseling referrals. Services the six counties in the metropolitan area. Spanish speaking referrals given. All services are free.

Illinois Department of Human Services

(800)843-6154

(312)823-1100

SERVICES INCLUDE: Information on how to apply for Public Aid, Link, WIC, Medical card and other public assistance programs. Action for Children. Cook County Child Care Resource and Referral

Hours: Mon-Thurs, 8:30am-4:30pm; Fri, 8:30am-12:30pm

SERVICES INCLUDE: Assistance in finding childcare.



Community Resource Guide

Mental Health

Alexian Brothers St. Alexius Medical Center

1555 Barrington Road Hoffman Estates, IL 60169
(847) 843-2000

Trauma Centers, General Health Education Programs, General Acute Care Hospitals, Perinatal/Postpartum Depression Counseling, Outreach Programs, School Refusal.

Advanced Behavioral Solutions

2060 E. Algonquin Road, Suite 720, Schaumburg, IL 60173
(847) 496-4693

www.advancedbehavioralsolutions.com

Individual Therapy, couples therapy, family therapy, children groups, school advocacy, educational seminars, psychological evaluations, autism spectrum services. Insurance: They are a Fee-For-Service.

Alpha Omega America, Inc.

Florentine Wilk, Psy. D/RNC 75 Market St. Ste 14, Elgin, IL 60123
(847) 931-9455

Provides individual, group, and family sessions. She works with children and adults. Insurance: BCBS, CIGNA, Medicare, no public aid.

ARBOR Counseling Center

820 E. Terra Cotta Ste. 215, Crystal Lake, IL 60014
(847) 913-0393.

Therapy for all ages. Cannot prescribe medication. Insurance: Most major insurances excluding TRICARE, Medicaid, and public aid

Arlington Center for ADD

3375 N. Arlington Heights Road Arlington Heights, IL 60004
(847) 577-4530

www.arlingtoncenter.homestead.com

Focuses on assessments and treatments of ADHD individuals and their families.

Associates in Psychiatry

2050 Larkin Ave. Elgin, IL 60123
(847) 697-2400

Charlie Walker, LCSW, Effie Crambes (Spanish speaking) Dr. Naidu, 20 different, doctors/therapists Families, children, and adults.
Insurance: BCBS, Humana, Medicare, CIGNA, no public aid.

Aunt Martha's Elgin

620 Wing St. Elgin, IL 60120
(847)608-4250



Community Resource Guide

Offers youth services, parenting techniques, teen pregnancy prevention, truancy prevention, juvenile justice service. Insurance: Harmony, public aid, private insurances, sliding fee scales.

Aunt Martha's Carpentersville

3003 Wakefield Dr. Carpentersville, IL
(877)692-8686

Offers primary health, dental, behavioral health psychiatry, behavioral health therapy, prenatal care, family planning, family case management. Insurance: Humana, public aid, private insurances, sliding fee scales.

Awakenings Counseling Center

Shoji Mary Boldt, MA, LCPC, 111 Lions Drive, Unit 221, Barrington, IL 60010
(847) 347-0688

Individual, couples, and family counseling, effective parenting, multicultural issues, parenting children with special needs.

Behavioral Care Associates

Lori Bolnick, 999 Plaza Drive Ste. 300 Schaumburg, IL 60173
(847) 619-1880

Treatment for anxiety, substance abuse, alcoholism, depression, behavioral problems, OCD, ADHD, personality disorders, eating disorders, bad habits, and relationship issues. Insurance: Aetna, Humana, Magellan Behavioral Health, Medicare, Principal, Psych Health, and United. No sliding scale.

Bondora, Zaucha & Associates-

675 N. North Court, Suite 285, Palatine, IL 60067
(847) 221-5622

www.bzabehavioral.com

Specializing in adolescents that are at risk of hospitalization and youth with co-occurring disorders.

Centro de Informacion

28 N. Grove Ave. Suite 200 Elgin, IL
(847) 695-9050 Carpentersville (847) 428-7006

Hispanic social service agency offering individual, youth, and family Herlinda Castillo, Bilingual Therapist (works with families in crisis with children ages 6-12)

Dimensions Counseling

321 Jefferson St. Algonquin, IL 60102
(847)-802-8393

Individual, group, and family therapy to children, adolescents, and adults. They also offer consultation services, such as parenting classes and premarital counseling. Insurance: \$25 per group (introductory rate). BCBS, Aetna, CIGNA, Humana.



Community Resource Guide

Dr. Lawrence Kerns, M.D.

124 Harrison St. Barrington, IL 60010
(847) 381-7618

Adolescent and pediatric psychiatry. Insurance: Aetna PPO & HMO, BCBS PPO & HMO, Hrunana PPO & HMO, UniCare PPO & HMO, United Health Care PPO & HMO plans.

Ecker Center for Mental Health

1845 Grandstand Place, Elgin, IL 60123
(847)695-0484

Insurance: Medicaid, Medicare, and will bill private insurances. Variable fees based on family size and income is available for specific services and individual's diagnosis.

Family Alliance, Inc.

2028 N seminary Ave Woodstock, IL 60098
(815) 338-3590

Provides mental health services.

Family Service Association Of Greater Elgin Area

Dr. Naidu, Psychiatrist 22 S. Spring Street Elgin, IL 60120
(847) 695-3680

SASS program, children counseling, some family counseling. Insurance: BCBS PPO, All Kids

Family Services & CMHC of McHenry County

5320 W Elm St McHenry, IL 60050
(815) 385-6400

Fareha N. Malik, M.D. (LLC School-Based Services)

2130 Point Blvd., Suite 200, Elgin, IL 60123
(847)-783-0307

www.malikpsychiatry.com.

Psychotherapist consultation at school meetings, classroom observations, 504 plan consultation, IEP consultation, BIP consultation.

Harmony Counseling Services, LLC

101 N. Virginia St., Suite 115, Crystal Lake, IL 60014
(815)823-2299

www.harmonycounseling.org.

Individual, couples, and family counseling. Insurance: most insurance plans accepted.

Horizons Behavioral Health

500 Coventry Lane Suite # 205, Crystal Lake, IL 60014
(815) 455-7100

Crisis interventions, evaluations, alcoholism, drug addiction. Child, family, individual, and marriage counseling. Insurance: most insurance plans accepted.



Community Resource Guide

House Calls Counseling

3330 Old Glenview Road, Ste. 15, Wilmette, Illinois 60091

(847) 256-2000

www.housecallscounseling.com

Provider of psychotherapy in the comfort of the home is a human services organization dedicated to promoting the emotional and mental health of children, teenagers, adults, couples, and families. They focus on treating children and youth who experience attachment- and trauma-related problems so that they can learn to experience the joys of healthy connections with those who care for them, and so that those who care for them can experience the joys of their child or youth through successful parenting. Insurance: The rates for services per session hour range from \$150.00 to \$175.00. House Calls Counseling is a Blue Cross Blue Shield (BCBS) of Illinois (PPO) and will submit claims for clients who have BCBS PPO for their insurance. House Calls Counseling will verify benefits before beginning services.

Kane County Mental Health Council

www.kanecountymentalhealth.org.

Includes: The Assoc. for Individual Development, Aunt Martha's Healthcare Network, Delnor Community Hospital, The Ecker Center for Mental Health, Family Counseling Service of Aurora, Family Service Assoc. of Greater Elgin Area, Gateway Foundation of Aurora, Greater Elgin Family Care Center, Kane County Health Dept., The Larkin Center, League of Women Voters, Mental Health and Mental Retardation Services, National Alliance on Mental Illness, NAMI Kane County, Provena Mercy Medical Center, Provena St. Joseph Hospital, Senior Services Assoc., Suicide Prevention Services, TriCity Family Services, and VNA of Fox Valley.

Sisterhouse

24 hour Crisis Line: (773)626-0525

851 N. Lemington Ave.

Chicago, IL 60651

SERVICES INCLUDE:

On-site transitional living program up to 18 months for women 18 years and older who have already gone through detox and are recovering from substance abuse. Also accepts women who are HIV+ recovering from substance abuse. \$200 program fee on a sliding scale.

Lee Plasmier & Assoc.

2AmericanWay, Elgin, IL 60123

(847) 742-6290

Learning disabled specialist, ADD, substance abuse, marriage therapy, Insurance: US Behavioral Health, BCBS, Value Options, Magellan, private pay.



Community Resource Guide

LivingRite, The Center for Behavioral Health

2401 West U.S. Hwy 20, Unit 204, Hampshire, IL 60140

(815)-758-8441

www.livingrite.org.

Adults, children, adolescents, mood disorders, anxiety disorders, trauma, chronic pain, anger management, parenting, behavioral problems, relaxation training, stress reduction, domestic violence, and marital/couple therapy. Insurance: BCBS PPO, CIGNA, Aetna, Medicare.

Mather's Clinic

9113 Trinity Dr. Lake in the Hills, IL 60156

(815) 387-7654

www.themathersclinic.com

Psychiatry services, behavioral mental health, works with children, adolescents, and adults, family marital counseling. Insurance: Most major insurances except for Medicaid.

McHenry County Youth Service Bureau

101S Jefferson St, Woodstock, IL 60098

(815) 338-7360

Provides mental health services.

McNally & Gara Psychiatric Solutions

2000 Larkin Ave. Elgin, IL 60123

(847)468-5100

Assesses and treats a wide variety of emotional and behavioral problems. Comprehensive psychological testing is available to assess for learning disabilities and diagnostic challenges. Insurance: Most major insurances accepted.

Myers Counseling Group

300 Memorial Drive, suite 200, Crystal Lake, IL 60014

(815) 308-3368

Insurance: Accepts most insurances. Flexible payment plans are available for those without insurance.

National Alliance For Mental Illness McHenry County

620 Dakota street, Crystal Lake, IL 60012

(815)308-0851

www.namimchenrycounty.org

Neal Psychological Specialties Center for ADD

185-1 Heritage Dr., Crystal Lake, IL 60014

815-477-4727 Fax: 815-356-8779

www.nealps.com

Assessment, Testing and Coaching for Attention Deficit Disorder.



Community Resource Guide

Orenza L. Taske, LCPC, CADC

600 Spring Hill Ring Road, Suite 110, West Dundee, IL 60118

(847)338-9076

Child, adolescent, and family counseling, addictions, anger management, behavior problems, sexual abuse. Insurance: Blue Cross Blue Shield, Aetna, Cigna, Tricare, Multiplan, United Behavioral Health, Compsych, Value Options, Magellan, Health Net. She also takes EAPs like Anthem, Bensinger DuPont, and Medicaid but it has to be managed by Harmony.

Owens & Associates Counseling & Therapy Center, LLC

214 N. Main Street Algonquin, IL 60102

(866)-747-5997

www.owenscounseling.com.

Works with children and adolescents, treats anxiety, depression, school phobia, eating disorders, and low self-esteem issues. Insurance: Most major insurances accepted; sliding scale.

Perakis, Resis, Woods, and Associates

390 Congress Parkway, Suite J, Crystal Lake, IL 60014

(815) 356-5050

www.prapsych.com

Psychiatric Evaluations, Medication Management, Individual Therapy, Family Therapy, Couples/Marital Therapy, ADHD Evaluations, Play Therapy, Parent Training/Child Behavioral Management, Group Therapy, Social Skills Groups, Disability Assessments, Psychological Testing. Insurance: Accepts most major insurances, excluding Medicaid, Medicare, Kid Care.

Pioneer Center for Human Services

4001 Dayton Street McHenry, IL 60050

(815)344-3815 Intake (815)759-7204

www.pioneercenter.org

Provides mental health services.

Plum Tree-Child and Adolescent Psychology

240 S. Fifth Avenue, Suite B St. Charles, Illinois 60174

(630)549-6245

Dr. Ann Weller is a Child & Adolescent Psychologist.

ProActive Behavioral Services

215 Main Street Algonquin, IL 60102

(847) 274-9230

www.pbsdactors.com

Mood, anxiety, and cognitive disorders, substance abuse, relationship/life issues, and medication management, Insurance; Most insurances are accepted.

RAINN Rape Abuse and Incest Network

(800)656-4673 National Helpline.



Community Resource Guide

Resource for Cutters

(800)DONTCUT(8288)

www.halfofus.com

Samaritan Counseling Center

2296 N. County Line Rd. Algonquin, IL 60102

(847) 458-4674

info@sccnw.org

The Samaritan Counseling Center helps people through difficulties like: grief, depression, anxiety, loneliness, marital conflicts, abuse, and family relationships.

Suicide Prevention Hotline

(800)2738255

www.suicidepreventionlifeline.org

The Trevor Project-National Suicide Helpline for Gay and Questioning Youth

(866)488-7386

www.thetrevorhelpline.org

Casa Central

(773)645-2300

1343 N. California Ave.

Chicago, IL 60622

SERVICES INCLUDE: Information and referrals for victims of sexual assault and domestic violence. Court advocacy. Shelter and low-income housing referrals. After-school programs. CAN program (public aid necessary) Foster Care. Head start for 3-5 year olds. Services are free.

Forever Free Program (Catholic Charities)

6212 S. Sangamon

Chicago, IL 60621

Intake: (773)374-8105

Services Include: Residential Treatment for women and women with children recovering from alcohol and substance abuse, Transitional housing, Rental assistance, Case Management
Length of stay within facility varies depending on which phase of treatment the person is in



Community Resource Guide

Neurologists (Pediatric)

Ann & Robert H. Lurie Children's Hospital of Chicago

225 E. Chicago Ave. Chicago, IL 60611 (312) 227-4000

Dr. Elizabeth Berry-Kravis, Pediatric Neurologist

1725 W. Harrison St., Ste. 710, Chicago, IL 60612 (312) 942-4036 Rush Pediatric Clinic, 1800 McDonough Rd., Ste. 203, Hoffman Estates, IL 60192 (847) 608-7517

Dr. Hossam H. Abdelsalam, Pediatric Neurologist

Alexian Pediatric Specialty Group 1555 Barrington Road, Ste. 415 Hoffman Estates, IL 60169 (847) 490-4222

Dr. Kohn, Psychiatrist/Neurologist

5404 West Elm St., Ste. Q McHenry, IL 60050
(815) 344-7951
www.drrobertkohn.com

Dr. Nancy Keck, M.D., Developmental Pediatrician

Alexian Pediatric Specialty Group, 1555 Barrington Road, Ste. 415, Hoffman Estates, IL 60169 (847) 490-4222

Parenting

Online Parent Class

www.onlineparentclass.com

Ideal for court, legal, divorcing, or blended families. Prices vary.

Healthy Families of America Program-National Program

(312) 663-3520

www.healthyfamiliesamerica.org

Helps expectant and new parents get off to a healthy start (parenting classes, food, clothing, diapers, WIC assist, etc.)

McHenry County Childcare Resources and Referral Agency

667 Ridgeview Dr Mc Henry, IL
(815)344-5510

Carpentersville Police Dept.

1200 Lw Besinger Dr. Carpentersville, IL
(847) 551-3481

Strengthening Families Program /Familias Fuertes – Contact Griselda Hernandez



Community Resource Guide

Recreation

4-C: Community Coordinated Child Care

667 Ridgeview Drive McHenry, IL 60050

(815)344-5510

www.four-c.org

Services for families include child care financial assistance to income eligible families; child care referrals and consumer education to those seeking child care. Who we serve: Children and families in McHenry, DeKalb, Lee, Ogle, Carroll and Whiteside counties.

Big Brothers Big Sisters of McHenry County

4318 B W.Crystal Lake Rd. McHenry, IL 60050

(815)385-3855

www.bbbsmchenry.org

Families ETC

620 Dakota Street, Crystal Lake, IL 60012

815-308-0861

www.familiesetc.org

Community Resource Center, nonprofit, charitable organization of families serving other local families across McHenry County. Provides a variety of services to families raising children with serious emotional challenge and adhere to the values of Family-Driven care. Family-Driven care means that we deliver support and services with compassion, seeking first to strengthen family bonds, while encouraging parent empowerment and participation in every aspect of their child's care. We offer comprehensive assistance, support, advocacy, and education services and, last year, Families ETC helped over 400 families and youth through these and other critical support programs and services.

Northern Illinois Special Recreation Association (NISRA)

285 Memorial Dr. Crystal Lake, IL 60014

(815)459-0737

www.nisra.org

Enriching the lives of people with disabilities through meaningful recreation experiences.

Special Olympics

103 Schelter Rd #25, Lincolnshire IL 60069

(224)377-8378

Offers competition for athletes in 19 sports and hosted 11 events in 2012. There are many opportunities available for you to get involved with Special Olympics including serving as a volunteer or committee member, helping with fundraising or competing as an athlete.



Community Resource Guide

Seniors

Elgin Senior Center

101 South Grove Ave. Elgin Illinois, 60120
(847)741-0404

Illinois Department on Aging: Senior Helpline

800.252.8966

421 E. Capital

after hrs/weekends/holidays: 800.279.0400

Springfield, IL 62701

TTY: 888.206.1327

Hours: Mon-Fri, 8:30am-5:00pm

SERVICES INCLUDE: Confidential service for victims and survivors 60 years or older. In-home care.

Adult day care. Legal assistance and assistance in petitioning for order of protection.

Law enforcement intervention. Translators are available. Services are free. Illinois residents only

Services available in Spanish

Substance Abuse

Al-Anon Al-Teen

(815)459-6190 24 Hour Hotline

Gateway Foundation

25480 W. Cedarcrest Lane, Lake Villa, IL 60046

(815)505-4673

www.recovergateway.org

Illinois Largest Provider of Substance Abuse Treatment with 10 treatment sites across the state providing residential and out-patient, and aftercare programs. Programs vary by location.

Pioneer Center For Human Services

4001 Dayton Street, McHenry, IL 60050

(815)344-1230

www.pioneercenter.org

Provides day, residential, and case management support services for individuals with developmental disabilities (including vocational preparation and training) day, residential services, and case management day program and case management support for those with traumatic brain injury; children and adolescents at risk and in need of counseling (including psychiatric services); pregnant and parenting teen education and support, delinquency intervention and after school program, and runaway and homeless youth services. Who we serve: Developmentally disabled, mentally ill, substance addicted, homeless, at-risk youth and their families, victims of sexual assault and others.

Renz Addiction Counseling Center

2 American Way Elgin, IL 60120

(847) 742-3545

www.renzcenter.org



Community Resource Guide

Rosecrance McHenry County

4100 Veterans Pkwy McHenry, IL 60050-8350
(815)363-6132

Rosecrance is a private not-for-profit organization offering behavioral health services for children, adolescents, adults and families throughout the country. With more than 20 locations in the Chicago and Rockford areas, Rosecrance offers comprehensive addiction services for adolescents and adults, including prevention, intervention, detoxification, inpatient and outpatient treatment, experiential therapies, dual-diagnosis care and family education.

Rosecrance also offers high-quality, efficient and effective outpatient mental health services for children, adults and families through a variety of programs. Rosecrance serves more than 14,000 families each year.

Therapy

Adult and Child Therapy Services

708 Washington Street Woodstock, IL 60098
(815)338-1707

www.adultchildtherapy.org

Provides physical, occupational and speech therapy to McHenry County residents of all ages, developmental screenings and free fall risk screenings. Who we serve: All ages Eligibility requirements: A doctor's prescription is required.

Midwest Center for Children's Development

4701 N. Oak Street, Crystal Lake ,IL 60012
(815)788-1020

www.mccdtherapy.com

Not-for Profit facility that provides therapy for children to address physical, sensory, and social concerns, using a variety of treatments and therapeutic tools. Programs offered at the Center include physical, occupational, and speech therapy. Who we serve: Mostly children ages 6 mo. and up.

Evangelical Child and Family Agency

1530 N. Main St. Wheaton, IL 60187
(630)653-6400

Adoption, Post adoption, counseling, and safe families